



INSTITUTE OF
HEALTH PROMOTION
AND EDUCATION

Institute of Health
Promotion and Education Ltd

Annual Report
Year Ended 31st December 2023

Institute of Health Promotion and Education

Company Limited by Guarantee

Registered Charity: 1156738

www.ihpe.org.uk

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name Institute of Health Promotion and Education

Charity registration number 1156738

Company registration number 08476077
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Trustees serving in 2023 Mrs. Afua Opare-Anoff
Ms. Angela Towers
Mrs. Anne Whitcombe
Ms. Denise Penny
Prof. Elvis Tarkang
Dr. Karen Neil
Dr. Katherine Whittingham
Dr. Michael Craig Watson
Prof. Michelle Baybutt
Prof. Patricia Owen
Mr. Robin Lansman
Prof. Stephen Palmer
Ms. Sylvia Cheater MBE
Mr. Tim Theaker

PRESIDENT'S REPORT

Professor Patricia Owen
PhD, MPH, BSc, Cert Ed (FE), RN, RSCPHN, MIHPE

2023 was a very active and successful year for the Institute of Health Promotion and Education (IHPE). After much work by the organising committee throughout the previous year and into 2023 and despite some setbacks with the change of dates, as reported at last year's AGM, we celebrated our 60th anniversary through a series of activities culminating at the House of Commons on a sunny day on 7th June. The tremendous amount of work that all of our Trustees and our administration support staff undertook to make the 60th year celebrations such a success was outstanding. In addition, the Board and administrative staff have supported a whole range of other activities which I am also very pleased to report on here.

Advocacy and campaigning are fundamental to IHPE and throughout 2023 Trustees have represented IHPE at events and meetings as well as producing publications to support positive change, to promote health and decrease health inequity. Some examples include attending the launch of the Health Equity network by Professor Michael Marmot in January 2023; the 'Protect our People' campaign led by the Royal Society for the Prevention of Accidents (ROSPA) to have the sunset clause of the Retained EU Law Bill scrapped. Life-saving health and safety legislation was saved. IHPE joined with Health Alliance and Disabled Children's Partnership and met with the Chair of the School and Public Health Nurse's Association (SAPHNA) and attended their round table event in December 2023 to work for a nurse in every school. IHPE continued to support the Institute of Health Visiting to increase the number of health visitors. In addition, IHPE was cited in the March 2023 report 'Healthy Britain. A new approach to Health and Wellbeing Policy' where campaigning was undertaken on issues such as physical activity, mental health and safe and active travel. We were also represented at the Labour Party Health and Wellbeing Symposium in September 2023. As well as these examples, general issues including vaping, children's health, the role of food banks and public health funding were promoted.

Supporting our advocacy work through advice and consultation has also been a continuing theme of IHPE's work which in 2023 has included Trustees representing IHPE at national groups including OPSS Consumer Reference Panel, National Home Safety Committee and responding to consultations including the 'Prevention in Health and Social Care Inquiry' (Feb 2023); the 'Health and Social Care Committee into Pharmacy' (June 2023) and the Office for Health Improvement and Disparities - Youth Vaping call for evidence (June 2023).

The Position Statements that IHPE produce are often used as resources by organisations and health promoters and this year three have been produced:

- Health Promotion and Mindfulness. A joint paper from the Mindfulness Initiative and IHPE (June 2023)
- Alcohol (September 2023)
- Homelessness (November 2023)

As usual these can be found on our website at www.ihpe.org.uk

We were very grateful to our new newsletter editor Anne Whitcombe who took over the role following the retirement of Professor Sylvia Tilford last year. Six informative and interesting newsletters were published which are read widely, not only by our members but by subscribers who can sign up to receive them on our website. As well as IHPE news, the newsletter provides up to date information about events, campaigns and policy reports every two months.

Our publications throughout 2023 in addition to the Position Statements, continue to support our fundamental aims of improving health and reducing inequalities. This year six President's letters were published in the International Journal of Health Promotion and Education with topics ranging from taking the long view; healthy public policy; our 60th year House of Commons event; women's health and plans for the future. In relation to our Journal, we continue to be grateful to the dedication of our editor, Professor Michelle Baybutt and those others who are part of the IJHPE sub-committee – Professor Stephen Palmer, Dr Michael C. Watson and sub-editor Dr Valerio Benedetto who provide an excellent and highly regarded publication in what are sometimes challenging circumstances.

Other publications this year have included 17 submissions to the British Medical Journal (10 as Rapid Responses and 7 as letters). These provide a valuable resource for public health practitioners. Topics have ranged from accident prevention (20th March 2023) to children's mental health (5th October 2023). Our social media presence continues to increase and in 2023 we were pleased to count over 3,000 followers on X, (formally Twitter) as well as being on other networks e.g. LinkedIn.

Our social media presence and our publications output could not occur without the continued work of our Honorary Communications Officer, Dr Michael C. Watson. Michael continues to ensure our ability to advocate for and promote health, punches well above our weight as an organisation.

In November we were delighted to work with the University of Nottingham to support our student representative member to develop and produce a webinar for other students. The focus of this was 'pharmacy and health promotion' and we would like to thank Charlie Roberts for this successful venture.

No doubt however, the highlight of the year was the 60th Anniversary Reception held in the Terrace Pavilion at the House of Commons on Wednesday 7th June 2023. The event was an outstanding success, and we were delighted to be hosted by Karen Buck M.P. In addition, I was able to welcome Dr Jeanelle de Gruchy, Deputy Chief Medical Officer, joint lead for the Office of Health Improvement and Disparity, DHSC; Dr Abdul Razaq, Director of Public Health, Blackburn with Darwen Council and Professor Mark Dooris, Emeritus Professor in Health and Sustainability at the University of Central Lancashire. Their presentations were informative, thought provoking and engaging. We were extremely grateful for their support along with that of Taylor & Francis our journal publishers and Pink Spaghetti who provided all of the tremendous administration support leading up to the event. The sun shone across the Thames and the clear blue sky was reflected on the water as we were able to network and meet old friends and to make new ones following the presentations. We were so pleased that Karen Buck was able to announce and present the Diamond Fellow awards to recipients on the day, who were honoured for their contributions to the field of health promotion and to the successful development of the Institute over a sustained amount of time. The recipients of the Diamond Fellow award were:

- Dr John Lloyd
- Dr Michael Watson
- Professor Sylvia Tilford
- Professor Stephen Palmer
- Ms Sylvia Cheater, MBE.

As people left the IHPE Board last year as their term of office came to an end, we were delighted to welcome two new Trustees in 2023. Denise Penny from Robert Gordon University

and Professor Elvis Tarkang joined us this year as our first international Trustee from Ghana. They have already contributed enormously to IHPE's work.

Throughout 2023 we were supported by many people to achieve all of our work including all of our Trustees. Trustees give their time freely and often have demanding careers in addition to the work they do for IHPE. I am honoured to have worked with them all over many years, including 2023. In addition to those Trustees, I have already mentioned above, I particularly appreciate the work of our Honorary Treasurer Sylvia Cheater and Angela Towers who successfully took on the reins of President in the autumn last year. Their sterling work ensures IHPE is financially viable and that the Institute will go from strength to strength under Angela's leadership. John Lloyd, whose death we sadly had to report in January of 2024, had supported us in 2023 wonderfully. He contributed to many of the BMJ publications in 2023 and it was with happiness and gratitude we could see him at the House of Commons event in June where he so rightly received a Diamond Fellow Award. He is greatly missed.

All of the work of the Board of Trustees could not happen without the excellent support and dedication of Ally Phillips and her team, especially Nat. We are so grateful for their expertise, suggestions and help throughout the year.

Stepping down as President in the autumn of 2023 and handing over to Angela Towers enabled me to consider some of the strengths of the Institute and they reflect those themes that I recorded in my President's letter of the International Journal of Health Promotion and Education in July 2023 where I discussed the themes of the speakers at the House of Commons event. The themes were the relevance of the Ottawa Charter; Locality and Community; Collaborative Working and Being Bold. It has been a privilege to have held the position of President of IHPE and I know that the Board will continue to work collaboratively with others, consider locality and community, have the Ottawa Charter at heart and grasp the future with boldness.

THE INSTITUTE OF HEALTH PROMOTION AND EDUCATION

The Institute was established in 1962, to bring together people on the basis of their common interest in Health Education and Health Promotion, with a view to their sharing experience, ideas and information. It is now a company limited by guarantee and registered as a charity in England and Wales (charity number 1156738).

The IHPE charitable objects, which form the Institute's objectives are;

To contribute to the development of knowledge, attitudes and behaviours that maintain and promote health and well-being.

To promote the development of environments conducive to the maintenance and promotion of health and wellbeing

To support the promotion and use of services designed to promote health and prevent disease

To act as a voice, as and where required, in support of actions designed to promote individual and population's health

These objects underpin our vision;

To ensure that the public's health will be protected and improved, and positive health and wellbeing will be promoted. Inequalities in health between individuals, groups, and communities will be significantly reduced, and coordinated system - wide action to promote health will be in place.

The Institute is a recognised professional association offering Member, Fellow, or Associate membership to those engaged in the practice of Health Education and Health Promotion, in countries across the world (subject to qualifications and experience). As an **international organisation** we recognise the value in sharing good practice and evidence base across countries. The Institute provides a place to share expertise and experience with like-minded professionals and our official publication, the highly regarded and peer reviewed International Journal of Health Promotion and Education, supports this exchange of knowledge and experience.

Website: www.ihpe.org.uk

Membership information: <https://ihpe.org.uk/membership/>

HONOURARY TREASURER'S REPORT

Ms Sylvia Cheater MBE
MSc, Cert. Mgmt (HSC) (Open), MIHPE

The Statement of Financial Activities, Balance Sheet and Notes are to be found on the website. The financial performance of the charity was comparable to the previous year with an increase in income to £16,961 from £14,212 in 2022. An overall deficit of £4747.00 was due to expenditure for the 60th anniversary celebration. The trustees have assessed the major risks to which the charity is exposed and are satisfied that the systems are in place to mitigate exposure to the major risks.

The Finance Sub-committee met regularly to monitor income and expenditure throughout the year.

The aims for the coming year will be to continue to raise the profile of IHPE and increase membership. This will be achieved through the delivery of the Strategic Plan launched at the House of Commons 60th celebration event. The contract with the publishers of the International Journal of Health Promotion and Education is due for renewal and trustees will endeavour to negotiate a renewal that is beneficial for the charity and its members.

HONORARY SECRETARY'S REPORT

Ms Angela Towers
BSc (Hons), MA, MIHPE

The high point for the year was our 60th anniversary celebrations, the success of which is well documented above. In addition to being a celebration we were able to use the event and associated activities to raise the profile of IHPE and gain support from a wide range of high-profile people and organisations.

Membership continued steadily and we continued to welcome students from universities cross the UK, who took advantage of our 'free of charge while studying' membership – these students are of course our practitioners of the future.

The Governance sub-committee continued to meet regularly to maintain oversight of the organisation's activities. The Risk Register is regularly reviewed, updated and acted upon to mitigate and manage any risks to the organisation, and is taken to the Board. During the year we undertook a skills audit across our Trustees, to identify strengths and any skills gaps. The findings are used to identify any necessary training and also to inform any future Trustee recruitment.

During the year we started development of a short to medium term forward strategy for the organisation. Using the IHPE vision and purpose, Trustees worked collaboratively through a series of activities to develop and agree a draft strategy, setting out, at high level, the priority areas for action for the next few years. The strategic objectives will form the basis of our action plans for the next few years, and progress against these will be monitored by the Board.

INTERNATIONAL JOURNAL OF HEALTH PROMOTION AND EDUCATION EDITORIAL BOARD REPORT

Prof Michelle Baybutt – Editor IJHPE

The Journal continues to maintain its high standards, with some excellent papers published, and we continue to see increases in submissions, usage and citations. In particular in 2023, there has been a further notable increase in downloads at approx. 76K (from 60,000 in 2022) with United Kingdom followed by Australia and the United States where the most downloads occur. The acceptance rate for 2023 was down from 21% in 2022 to 13% in 2023 – attributed to the large volume of covid/pandemic-related submissions of either poor quality (methodologically and presentation) or timeliness (data being out of date). The time between submission to online publication has slightly increased in 2023 with median days being 15 and an average of 2 days from submission to first decision.

There continues to be a healthy backlog of manuscripts during 2023. Cite score (Scopus) has risen from 1.5 (2020) to 3.0 (2022) then dropped slightly in 2023 to 2.3 and the estimated (mock) impact factor for 2023 0.8 from 1.1 in 2022 which serves to prove the right decision was made to delay progressing with the IF in 2022.

We thank our publishers, Taylor & Francis, and our reviewers, for their ongoing support and promotion of the Journal.

The International Advisory Board are a welcome asset to the journal. The three new members recruited to the International Advisory Board in 2021 have contributed to strengthening the journals development, reach and impact with manuscript submissions from their academic research teams and students and invited editorials now published during 2023 (Vol.62).

Dr Valerio Benedetto's role as Sub Editor leading reviews and advising on quantitative submissions continues to be enormously helpful – his support and commitment to the Journal continues to be fully appreciated.

Continued support from the Journals Sub-committee (Dr Michael Watson, Professor Stephen Palmer and Professor Sylvia Tilford) underpins good decision-making and encourages innovation – hugely appreciated by the Editors. Driving reach and impact we have had a considerable number of posts on X. A huge 'thank you' to Michael and the wider Board of Trustees for continuing to promote the journal and manuscripts via communication tools such as X and LinkedIn.

There have been some continued challenges with the journal administration and support with a further change in staffing at the publisher which has resulted in some confusing system changes and conflicting ways of working (which remain). These were being addressed directly with T&F and IHPE President.

NEWSLETTER EDITOR'S REPORT

Anne Whitcombe
BSc, MSc, AHEA, FRSPH, MIHPE

The IHPE Newsletter continues to be produced six times a year. It includes items of news about the IHPE, profiles of individuals involved in the organisation and new members, details of our publications, activities and events, as well as wider items of interest to the Institute and its members, nationally and internationally.

The Newsletter is distributed to all members and fellows of the Institute and to others on request. Circulation numbers have increased following IHPE webinars and other events and continue to grow steadily on an ongoing basis.

We are grateful for enthusiastic and efficient input to the newsletter by Michael Watson, IHPE Communications Officer, the support of members of the Communication and Membership group, and the team at Pink Spaghetti who manage the publication process.

THE INSTITUTE OF HEALTH PROMOTION AND EDUCATION LIMITED

CHARITABLE TRUSTEES

Patricia Owen - President

PhD, MPH, BSc, Cert Ed (FE), RN, RSCPHN (HV), RNT, MIPHE.

Patricia has a career in nursing and healthcare education spanning over 35 years which has included a clinical career centred on older people's nursing, health visiting and the public health aspect of health care and an education career in a range of roles in several UK higher education institutions including Wolverhampton University, Derby University, York University and The Open University. Currently she is Emeritus Professor of Nursing at Keele University and consultant for academic health provision and Visiting Professor of Nursing at Newman University.

Patricia has current research interests around transitions in nursing, use of technology in nursing and public health. She maintains a special interest in the education of graduate entry nurses and supports the Graduate Entry Nursing International Network.

Sylvia Cheater MBE – Honorary Treasurer

MSc, Cert. Mgmt. (HSC) (Open), MIHPE

Sylvia Cheater has worked in the NHS, for the Department of Health and in the third sector. Nationally she has contributed to policy development with a focus on children and families, school food and food and nutrition in early years. Since leaving the Department of Health Sylvia has worked as an independent consultant. She is a member of the Governing Body of Wirral NHS Clinical Commissioning Group and was a trustee of HENRY 'better start brighter future' from 2010 until October 2019. She was awarded an MBE in 2016 for her voluntary work with women and communities in Cheshire.

Angela Towers - Honorary Secretary

BSc (Hons) MA, MIHPE

Angela has enjoyed a varied career focussing on healthier, sustainable, and accessible food systems, from policy development, operational delivery, and academic perspectives in both the public and private sector.

She worked for the Department of Health and the Food Standards Agency contributing to the development and delivery of a number of healthier eating, nutrition and food safety policies and campaigns, most recently heading up the national Food Hygiene Rating Scheme. Stakeholder engagement and cross sector collaboration are central to Angela's approach. She has held lecturing roles at Liverpool John Moores University, in their department of Public Health, and at the University of Central Lancashire.

Anne Whitcombe

MSc, MIHPE, FRSPH, MCLIP, AHEA

Anne has worked in health promotion for over 25 years. As an information scientist, Anne managed health information services for both professionals and the public. She supported health promotion activities with evidence, evaluation and managed strategies for public health learning and development.

Strongly interested in the ways that learning and networking together build collaboration and good practice, Anne has coordinated training and facilitated professional network groups. She teaches and facilitates postgraduate modules in public health and health promotion with Robert Gordon University in Aberdeen and has a continuing interest in multidisciplinary learning, increasing common understanding and integrated working for promoting health.

Robin Lansman**D.O. BSO London 1988 AHP, MIHPE**

Robin is Principal and Clinical Director of his community BodyBack-Up healthcare osteopathy practices. He is passionate about interprofessional collaboration and is founder of COGUK. His teaching at undergraduate and post graduate level ranges from clinical to health leadership skills.

He coaches student HCPs for the Council of Deans of Health 150 leader's inter-professional programme. Robin writes regularly for the national and medical press and has spoken on BBC radio and television. He is a Past President and Press and media spokesperson for his professional association and now an expert AHP advisor to Public Health England on MSK.

Karen Neil**BPharm, PhD, MRPharmS, MIHPE**

Karen has been a pharmacist for 27 years, working across disciplines of research, practice, and undergraduate education. She is co-author of the textbook Disease Management and recently received the GHP Health & Pharmaceutical award Most Innovative Health & Wellbeing Education Specialist 2020 (Midlands,) having specialised in health promotion and education.

She is a UK-registered mindfulness teacher and has been working in professional development at the University of Nottingham since 2012, offering mindfulness courses and wellbeing workshops to staff. This work was co-presented in a chapter for "Mindfulness in the Workplace: An evidence-based approach to improving wellbeing and maximizing performance" (Editor: Margaret Chapman-Clarke).

Stephen Palmer**PhD FIHPE (Hon)**

Stephen is Professor of Practice at the Wales Academy for Professional Practice and Applied Research, UWTSU, and Adjunct Professor at Aalborg University, Denmark. He is Founder Director of the Centre for Stress Management.

Stephen is a former President of the Institute for Health Promotion and Education (IHPE) and currently an Honorary Vice President. In 2001 he was awarded Fellowship of the IHPE for his 'Outstanding contribution to the theory and practice of health promotion and education.' Stephen has been Editor and now Consulting Editor of the International Journal of Health Promotion and Education.

Tim Theaker
Dip HE, MIHPE

Tim began his career in health education and health promotion in Environmental Health, he has subsequently worked at a local, countywide, and regional level, managing teams of staff and is responsible for implementing and evaluating public health programmes, addressing inequalities and the broader determinants of health. Commissioning and performance managing public health and health improvement programmes and monitoring and evaluating their outcomes. He has managed a range of public health provider services including sexual health services & primary care services for the homeless. Particular interests include the prevention of coronary heart disease & the Settings Approach to Health Promotion.

Michael Craig Watson - Honorary Communications Officer
BSc (Hons), PGCE, MA(Ed), MPH, PhD, MIHPE

Michael is an independent public health consultant. In the NHS he worked mainly as a Director of Health Promotion for different health authorities. Director posts involved: managing a department, initiating, and leading multi-agency groups, and initiating and advising on research and evaluation.

At the University of Nottingham, he was involved in injury research for 19 years. He was a temporary adviser for the WHO and has also provided advice at national and local levels. He has been involved in research in different countries including England; Iran; Malawi; Palestine; and Uganda. He is a regular contributor to debates in the BMJ.

Michael is also a trustee at the Royal Society for the Prevention of Accidents (RoSPA).

Michelle Baybutt - Editor, IJHPE
PrD, MA, BA, MIHPE

Michelle is Professor of Health and Justice, Prisons Programme Lead in, and Director of, the Healthy and Sustainable Settings Unit at the University of Central Lancashire in North West England. Michelle has an extensive health promotion background working with people in prison and disadvantaged vulnerable groups in the wider community. She has qualitative expertise in carrying out methodologically complex and innovative research and consultancy in settings-based health promotion; has a specific interest in the connections between nature, health and wellbeing; and is module leader for Healthy and Sustainable Settings: Theory, Policy and Practice.

Denise Penny
Dip HE Nursing (Adult), Pg Cert, MSc, FRSPH, MIHPE, SFHEA

Denise is Principal Lecturer in Public Health and Health Promotion at Robert Gordon University. Over her career Denise has worked in both operational and strategic Health Promotion and Public Health roles, including as a registered general nurse, smoking cessation advisor, Healthy Working Lives programme leader and Public Health Practitioner (Advanced).

Denise undertook an MSc in Public Health and Health Promotion which instigated her interest in education and facilitated her move into academia. Denise has an interest in pedagogy and is currently undertaking a Doctorate in Education. Other interests include Tobacco Control, Sexual Health and Blood Borne Viruses and Maternal and Infant Nutrition.

Elvis Enowbeyang Tarkang
BSc, MSc, PhD, MIHPE, cHPP

Professor Elvis Enowbeyang Tarkang is a specialist in Health Promotion at the University of Health and Allied Sciences, Ghana and an Adjunct Professor at University of KwaZulu-Natal, South Africa. He has been in the field of Health Promotion for over 23 years and has examined several Theses and supervised several students at both the undergraduate and postgraduate levels.

He is a Consultant with FHI 360 on USAID-accelerating social and behaviour change. He is a Registered Health Promotion Practitioner and an Assessor of course accreditation with the International Union of Health Promotion and Education, and the Ghana Tertiary Education Commission.

OTHER INTERESTED PARTIES

Ally Phillips, Pink Spaghetti

IHPE commission Pink Spaghetti to provide administrative support.

Ally is a marketing and project management professional, experienced in providing a wide range of business solutions. She has been running her own business for the past four years and has worked with IHPE since 2017. Prior to this, she worked within the financial services sector for over 12 years where she was a Vice President.

Ally has a proven track record of delivering results in a dynamic, motivating way with personality and integrity. She is highly organised, efficient, and honest, and has a strong desire to offer her clients excellent customer service.

PUBLICATIONS AND NOTABLE IHPE ACHIEVEMENTS 2023

Advocacy/Campaigning (Examples)

- Continued to campaign on a wide range of issues including: physical activity, vaping, mental health, accident prevention, inequalities, food banks, children's health, public health funding.
- Successfully campaigned with others to have the sunset clause of the Retained EU Law Bill scrapped. Life-saving health and safety legislation was saved. (The Protect our People campaign was led by the Royal Society for the Prevention of Accidents (RoSPA).
- Continued to campaign with colleagues in SAPHNA to have a school nurse in every school.
- Continued to campaign with colleagues in iHV to increase the number of health visitors.
- Healthy Britain. A New Approach to Health and Wellbeing Policy (March 2023). IHPE cited. IHPE campaigned on a number of issues e.g. physical activity, mental health, and safe and active travel.
- Active Travel England – Improving walking and cycling infrastructure.
- Joined various campaign groups e.g. Inequalities in Health Alliance, Disabled Children's Partnership, Equity Group (Marmot).
- Private letter to Steve Brine, chair of the health and social care select committee. Via Inequalities in Health Alliance. (January)

Advice and Consultation

- Directly to individuals and organisations.
- Represented in national groups. E.g. OPSS -Consumer Reference Panel, National Home Safety Committee.
- Research advice (IHPE cited), e.g.

Taylor MJ, Orton E, Patel T, Timblin C, Clarke R, Watson MC, et al. Effectiveness of systematically delivered evidence-based home safety promotion to improve child home safety practices: a controlled before-and-after study. *Injury Prevention*. 2023;29(3):227-33.

<https://injuryprevention.bmj.com/content/29/3/227>

Stewart S, Kendrick D, Watson MC, et al. Implementation fidelity of the Stay One Step Ahead home safety intervention: a mixed-methods analysis. *Injury Prevention* 2023;29:340-346.

<https://injuryprevention.bmj.com/content/29/4/340>

Responses to National and International Consultations (examples)

- Prevention in health and social care Inquiry. (07/02/2023)
- Health and Social Care Committee's inquiry into Pharmacy (22/06/2023)
- Office for Health Improvement and Disparities. Youth vaping: call for evidence (06/06/2023)

Position Statements - <https://ihpe.org.uk/resources/position-papers/>

- Health Promotion and Mindfulness. A joint paper from the Mindfulness Initiative and the IHPE (June 2023)
- IHPE Position Statement: Alcohol (September 2023)
- IHPE Position Statement: Homelessness (November 2023)

60th Celebrations for 2023

- 5 Diamond Fellow Awards – presented.
Designed to recognise members who have contributed to the field of health promotion and to the successful development of the Institute, over a long period.
- Webinar – How do we talk about health? (March 29th) - great success.
- IJHPE initiative – free access to the most cited papers.
- House of Commons event – (June 2023) – great success.

Webinar

- Pharmacy and Health Promotion. 1st Nov - Led by Charlie Roberts (Student Ambassador).

Presidents' Letters: International Journal of Health Promotion and Education:

1. The certainty of uncertainty - health promotion and taking the long view. (Patricia Owen)
2. Working together for healthy public policy. (Patricia Owen)
3. 60 years of the Institute of Health Promotion and Education and future plans. (Patricia Owen)
4. House of Commons reception – themes from the Thames. (Patricia Owen)
5. Women's Health – Building for the future. (Patricia Owen)
6. Introduction and plans for the future. (Angela Towers)

<https://www.tandfonline.com/toc/rhpe20/61/6?nav=toCList>

British Medical Journal Rapid Response - <https://ihpe.org.uk/bmj-rapid-responses/>

In 2023 we submitted 17 (10 rapid responses and 7 letters) to the BMJ on a variety of important topics. Seven letters is an excellent conversion rate and some were also published in the hard copy format.

This brings the grand total over the years to 150 and together they provide a valuable resource for public health practitioners.

1. Watson M C and Neil K E. (2023) Accident prevention: there is a strong case for urgent action targeting primary prevention. British Medical Journal Rapid Response 20th March 2023.
<https://www.bmj.com/content/380/bmj.p595/rr>
2. Watson M C and Theaker T. (2023) Public health grants: increased and sustained funding needed. British Medical Journal Rapid Response 21st March 2023.
<https://www.bmj.com/content/380/bmj.p631/rr>
3. Watson M C and Tilford S. (2023) Need for accelerated action to make water, sanitation and hygiene a reality for all. British Medical Journal Rapid Response 24th March 2023.
<https://www.bmj.com/content/380/bmj.p694/rr>
4. Watson M C and Lloyd J. (2023) Obesogenic environments: the UK Government needs to act now. British Medical Journal Rapid Response 5th April 2023.
<https://www.bmj.com/content/380/bmj.p702/rr-1>
5. Watson M C and Neil K E. (2023) Promoting health: a plea for participation. British Medical Journal Rapid Response 1st June 2023.
<https://www.bmj.com/content/381/bmj.p1134/rr>
6. Watson M C and Neil K E. (2023) The major conditions strategy—crucial roles for Directors of Public Health. British Medical Journal Rapid Response 19th August 2023.
<https://www.bmj.com/content/382/bmj.p1867/rr>

7. Bush A and Watson M C. (2023) E-cigarettes: Evidence-based confusion. British Medical Journal Rapid Response 23rd August 2023.
<https://www.bmj.com/content/382/bmj.p1904/rr>
8. Watson M C, Neil K E and Lansman R. (2023) The major conditions strategy—must look beyond the NHS. British Medical Journal Rapid Response 26th September 2023.
<https://www.bmj.com/content/382/bmj.p2122/rr>
9. Watson M C and Neil K E. (2023) Children’s mental health—pivotal roles for teachers and school nurses. British Medical Journal Rapid Response 5th October 2023.
<https://www.bmj.com/content/382/bmj.p2243/rr>
10. Watson M C and Neil K E. (2023) Primary care networks: drastic and immediate action is needed to tackle inequalities. British Medical Journal Rapid Response 17th December 2023.
<https://www.bmj.com/content/383/bmj.p2942/rr>

British Medical Journal Letters

1. Watson M C and Neil K E. (2023) Prioritise health of our children and young people by promoting both safe and active travel. BMJ 2023; 380 :p49 doi:10.1136/bmj.p49
<https://www.bmj.com/content/380/bmj.p49>
2. Watson M C and Lloyd J. (2023) Food banks should be phased out: fiscal measures are needed. BMJ 2023; 380 :p179 doi:10.1136/bmj.p179
<https://www.bmj.com/content/380/bmj.p179>
3. Watson M C and Lloyd J. (2023) Vaping and protecting children: time for a rethink BMJ 2023; 380 :p293 doi:10.1136/bmj.p293
<https://www.bmj.com/content/380/bmj.p293>
4. Watson M C, Theaker T. Public health grants: increased and sustained funding is needed BMJ 2023; 381 :p868 doi:10.1136/bmj.p868
<https://www.bmj.com/content/381/bmj.p868>
5. Watson M C, Lloyd J. Obesogenic environments: the UK government needs to act now BMJ 2023; 381 :p940 doi:10.1136/bmj.p940
<https://www.bmj.com/content/381/bmj.p940>
6. Watson M C, Neil K E. (2023) Injury prevention: a strong case for urgent action BMJ 2023; 381 :p937 doi:10.1136/bmj.p937
<https://www.bmj.com/content/381/bmj.p937>
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It is of note that - *Obesogenic environments: the UK government needs to act now* - was awarded “Letter of the Week” by the BMJ.

International Journal of Health Promotion and Education achievements

- Covered in the IJHPE Editor’s Report

Newsletter achievements

- Covered in the Newsletter Editor’s Report