



INSTITUTE OF
HEALTH PROMOTION
AND EDUCATION

Institute of Health
Promotion and Education Ltd
www.ihpe.org.uk

Annual Report

Year Ended 31st December 2022

Institute of Health Promotion and Education

Company Limited by Guarantee

Registered Charity: 1156738

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name Institute of Health Promotion and Education

Charity registration number 1156738

Company registration number 08476077
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Trustees serving in 2022 Prof. Patricia Owen
Ms. Sylvia Cheater MBE
Ms Angela Towers
Mrs. Susan Thompson
Dr. Anne Coufopoulos
Anne Whitcombe
Mr. Robin Lansman
Dr. Karen Neil
Mr. Stephen Palmer
Mr. Tim Theaker
Dr. Michael Craig Watson
Dr Michelle Baybutt
Mrs Katherine Whittingham
Mrs Afua Opare-Anoff

PRESIDENT'S REPORT

Professor Patricia Owen

PhD, MPH, BSc, Cert Ed (FE), RN, RSCPHN, MIHPE

We slowly moved towards a more usual way of working during 2022 as the Covid 19 vaccination programme altered the course of the pandemic positively and we were able to begin our celebrations to mark the 60 years of the Institute of Health Promotion and Education. The work that all of our Trustees and our administration support staff undertook to assure this very special occasion was celebrated in an appropriate style, was phenomenal. We kicked the year off by announcing nominations for honouring those people who over the years have contributed to the success of IHPE. The two awards were the Founding Member's Award for people who had been a member of IHPE in its formative years and Diamond Fellows Award for people who were a member of IHPE and had contributed significantly to the work of IHPE and/or contributed to the enhancement of health promotion or health education within the 60 years.

Although we had hoped to announce the receivers of these Awards at the House of Commons Reception which we had planned for October, sadly we had to postpone the event until 2023, despite large amounts of work being undertaken. Like many, we were dismayed and saddened by the passing of Her late Majesty, Queen Elizabeth, at this time and along with the nation we wished to pay our respects at the time of national mourning.

Earlier in the year however, we did deliver a planned event which commemorated IHPE's diamond anniversary successfully. A webinar was held in March, in collaboration with our friends at Robert Gordon University entitled 'How do we talk about health?'. In the end we had 256 participants registered for the live event and link to the recording, of which the majority were UK-based. Other countries represented included Canada, Ireland, Mexico, the Netherlands, and USA. The webinar was ably chaired by our Trustee Robin Lansman and I was joined by Laura Binnie, Head of the School of Health Sciences at RGU to welcome participants. We had a range of questions which lead to a lively and contemporary debate from our panel which consisted of Linda Hindle, Lead for Allied Health Professionals and Emergency Services, OHID, Fiona Macdonald, Organisational Lead, Public Health Workforce, Public Health Scotland, Sylvia Cheater, MBE, IHPE Trustee and Past President and Denise Perry, Academic Lead, Public Health and Health Promotion at RGU.

Another activity that was successfully launched to celebrate the 60th anniversary included a Special Collection of articles published in our Journal – the International Journal of Health Promotion and Education. This consisted of a compilation from the six most read articles online and six most cited articles of all time to reflect the diversity of topics published in the journal. We also undertook a comparison of issues project, which enabled individuals to compare the first edition of the journal in 1963 (one year after the founding of IHPE) and the issue published at the start of the 60th year in 2022. Our publishers Taylor & Francis kindly supported both of these developments throughout 2022 including open access for the comparison project. I would also like to thank our Trustees responsible for publishing the Journal – particularly Michelle Baybutt, Stephen Palmer and our Communications Officer Michael Watson.

It is usual for the make-up of the Board to change over time, and we were delighted to welcome two new Trustees in 2022. Katharine Whittingham and Afua Opere-Anoff joined mid-way through the year and have already contributed enormously to IHPE's work.

We were also very pleased to welcome Charlie Roberts, a student at Nottingham University to the Board in the autumn of 2022 to experience Board work and to take on a role representing students and the student voice.

Professor Sylvia Tilford stepped down from the Board of Trustees after the AGM in 2022. She had been a Board member for over 12 years, and held officer roles during that time, including President in 2016. Sylvia has been a huge asset to IHPE and has contributed to the organisation in many ways, not least because of her vast knowledge and experience of health promotion gained during her outstanding career. As a small recognition for her contribution, the Board unanimously agreed to present her with an Honorary Life Fellowship. Of course, in addition to the work planning and implementing the 60th anniversary celebrations, the routine work of IHPE continued during the year including usual sub-committee work, monitoring of the risk register and the business plan. We continue to work to develop our membership and we anticipate that the activities undertaken to celebrate 60th anniversary of IHPE will bear fruit over time to that effect.

IHPE strives to raise awareness and advocate for the promotion of health and along with the journal, our newsletter continues to educate and encourage health promoters whether members or not. We were delighted when Anne Whitcome agreed to take over from Sylvia Tilford as newsletter editor and so we can continue to look forward to each new edition. Raising awareness about issues aimed at promoting health is also achieved through the publication of the 16 pieces that were published in the British Medical Journal by Trustees this year. This included 12 Rapid Responses and 4 letters on a variety of topics including nurses' health, vaping effects on children and funding public health effectively. It is of note that on the 23rd March, the British Medical Journal item on physical activity (Watson and Lloyd) was discussed in a House of Commons debate on Physical Education, (Recorded in Hansard Volume 711). Again, massive thanks to Michael Watson particularly, for supporting this initiative.

We also aim to influence health by responding to consultations and this year for example have responded to:

- Reconnection: Meeting the Climate Crisis Inside Out – IHPE response to the consultation document (15/03/2022)
- Mental Health and Wellbeing Plan – IHPE response to the discussion paper (23/06/2022)
- SEND and AP: green paper – IHPE response to the discussion paper (18/07/2022)
- Birmingham Food Strategy consultation – Responded – (08/2022)

Our position statements continue to act as a resource for health promoters and public health practitioners and this year two have been produced on Ethics and Health Promotion (November 2022) and the Safe Use of Medicines (November 2022). Publications by Trustees have continued with, for example two focussing on the health promoting work of pharmacists (Neil, Watson and Opere-Anoff 2022 & Watson & Neil 2022) as well as the six President's Letters published in the International Journal of Health Promotion and Education, covering topics such as obesity, reducing tobacco use and investing in early years.

All these achievements could not have occurred without the continued work and support of Ally Phillips and her team and so I am pleased to formally record our thanks here. My thanks of course go to all our Trustees for their strong support and extensive work over the year. I particularly appreciate the work of our Honorary Treasurer and Past President, Sylvia Cheater and our President Elect and current Honorary Secretary, Angela Towers. Without them, none of the events or activities would have occurred in 2022. Special thanks also to

Trustee Michael Watson as communications officer and his excellent efforts regarding raising the profile of IHPE through social media. We continue to enjoy support from many past and present trustees including our Honorary Vice President, John Lloyd to whom we are extremely grateful. As we celebrate 60 years of work, I am confident the Institute will go from strength to strength in achieving its aims of promoting and educating for health.

THE INSTITUTE OF HEALTH PROMOTION AND EDUCATION

The Institute was established 60 years ago, in 1962, to bring together people on the basis of their common interest in Health Education and Health Promotion with a view to their sharing experience, ideas and information. It is now a company limited by guarantee and registered as a charity in England and Wales (charity number 1156738).

The IHPE charitable objects, which form the Institute's objectives are;

To contribute to the development of knowledge, attitudes and behaviours that maintain and promote health and well-being.

To promote the development of environments conducive to the maintenance and promotion of health and wellbeing

To support the promotion and use of services designed to promote health and prevent disease

To act as a voice, as and where required, in support of actions designed to promote individual and population's health

These objects underpin our vision;

To ensure that the public's health will be protected and improved, and positive health and wellbeing will be promoted. Inequalities in health between individuals, groups, and communities will be significantly reduced, and coordinated system - wide action to promote health will be in place.

The Institute is a recognised professional association offering Member, Fellow, or Associate membership to those engaged in the practice of Health Education and Health Promotion, in countries across the world (subject to qualifications and experience). As an **international organisation** we recognise the value in sharing good practice and evidence base across countries. The Institute provides a place to share expertise and experience with like-minded professionals and our official publication, the highly regarded and peer reviewed International Journal of Health Promotion and Education, supports this exchange of knowledge and experience.

Website: www.ihpe.org.uk

Membership information: <https://ihpe.org.uk/membership/>

HONOURARY TREASURER'S REPORT

Ms Sylvia Cheater MBE
MSc, Cert. Mgmt (HSC) (Open), MIHPE

The Statement of Financial Activities, Balance Sheet and Notes are to be found on the website. The financial performance was comparable to 2021 with an increase in income royalties received from the publishers of the International Journal of Health Promotion and Education. There was an overall deficit of £2379 mainly due to administrative and other costs for a planned 60th anniversary celebration reception at the House of Commons in September 2022. Unfortunately, the reception had to be postponed until June 2023. The Trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate those risks. The reserve bank account has been maintained with sufficient funds to mitigate identified risks and the Charity continues to have robust financial policies in place to protect the organisation and its members. The Finance Sub-committee met regularly to monitor income and expenditure throughout the year.

HONORARY SECRETARY'S REPORT

Ms Angela Towers
BSc (Hons), MA, MIHPE

We were pleased to see our membership of practitioners and academics working within the field of health promotion and health education, continue to grow in 2022. We welcomed students from universities cross the UK, who took advantage of our 'free of charge while studying' student membership – these are of course our practitioners of the future.

The Governance sub-committee continued to meet regularly to maintain oversight of the organisation's activities. The Risk Register is regularly reviewed and acted upon to mitigate and manage any risks to the organisation, and is taken to the Board. To further strengthen our governance a Business Continuity Plan was developed. This is to help ensure that IHPE is prepared for any unforeseen event(s) and so minimize the impact of those on our members, Trustees and stakeholders. As part of our ongoing Governance improvements we also began to plan for a Trustee skills audit to help identify strengths and weaknesses at Board level, to help inform future Trustee recruitment.

The activities we undertook as part of our 60th anniversary celebrations, as described in the President's report above, were very positive. As well as increasing the profile of IHPE, they were a great way to celebrate all that we have achieved, and continue to achieve as the only organisation in the UK dedicated to supporting health promotion and education.

NEWSLETTER EDITOR'S REPORT

Anne Whitcombe
BSc, MSc, AHEA, FRSPH, MIHPE

During 2022, Prof Sylvia Tilford handed over the IHPE Newsletter after ten years as its editor. During that time, the newsletter has flourished and provides an informative view of the

activities of IHPE and of the wider field of health promotion and education, locally, nationally and globally. News items, member profiles, events, publications and resources are included. There is a broad readership including members of IHPE and others with an interest in this area of work; distribution numbers increased following the Webinar, How do we talk about health, held in March 2022.

Thanks go to Sylvia Tilford, in appreciation of her work in developing and steering the newsletter, and to co-members of the Newsletter team - Dr Michael C Watson who assists in gathering a wide range of material for inclusion, and Ally Phillips and her team at Pink Spaghetti who provide professional support for production of the newsletter using Mailchimp. Issues of the newsletter can be found on the IHPE website at <https://ihpe.org.uk/resources/newsletter/>

INTERNATIONAL JOURNAL OF HEALTH PROMOTION AND EDUCATION EDITORIAL BOARD REPORT

Dr Michelle Baybutt – Editor IJHPE

The Journal continues to maintain its high standards, with some excellent papers published, and we continue to see increases in submissions, usage, and citations. In particular, in 2022 there has been a further notable increase in downloads at 60,000 (from 46,000 in 2021) with Europe (37%) and North America (23%) regions leading the top downloads. The acceptance rate for 2022 was 21% (59 manuscripts) with 224 manuscripts rejected - compared to 16% acceptance rate in 2021 and 13% in 2019 (13%). The time between submission to online publication has decreased with median days being 16. There continues to be a healthy backlog of manuscripts. Cite score (Scopus) has risen from 1.5 (2020) to 3.0 (2022) and the estimated (mock) impact factor is 1.1.

We thank our publishers, Taylor and Francis, and our reviewers, for their ongoing support and promotion of the Journal.

The International Advisory Board are a welcome asset to the journal. The three new members recruited to the International Advisory Board in 2021 have contributed to strengthening the journals development, reach and impact with manuscript submissions from their academic research teams and students and invited editorials for 2023.

Dr Valerio Benedetto's role as Sub Editor leading reviews and advising on quantitative submissions continues to be enormously helpful – his support and commitment to the Journal continues to be fully appreciated.

Continued support from the Journals Sub-committee (Dr Michael Watson, Professor Stephen Palmer, and Professor Sylvia Tilford) underpins good decision-making and encourages innovation – hugely appreciated by the Editors. Driving reach and impact we have had 1417 X/Twitter mentions (a huge 'thank you' to Michael and the wider Board of Trustees for continuing to promote the journal and manuscripts via communication tools such as X and Facebook).

There have been some challenges with a further change in staffing at the publisher which has resulted in some confusing system changes. These are being addressed directly with T&F (with a meeting in September 2023).

THE INSTITUTE OF HEALTH PROMOTION AND EDUCATION LIMITED

Charitable Trustees and Directors

Patricia Owen - President

PhD, MPH, BSc, Cert Ed (FE), RN, RSCPHN (HV), RNT, MIPHE.

Patricia has a career in nursing and healthcare education spanning over 35 years which has included a clinical career centred on older people's nursing, health visiting and the public health aspect of health care and an education career in a range of roles in several UK higher education institutions including Wolverhampton University, Derby University, York University and The Open University. Currently she is Emeritus Professor of Nursing at Keele University and consultant for academic health provision and Visiting Professor of Nursing at Newman University. Patricia has current research interests around transitions in nursing, use of technology in nursing and public health. She maintains a special interest in the education of graduate entry nurses and supports the Graduate Entry Nursing International Network.

Sylvia Cheater MBE – Honorary Treasurer

MSc, Cert. Mgmt. (HSC) (Open), MIHPE

Sylvia Cheater has worked in the NHS, for the Department of Health and in the third sector. Nationally she has contributed to policy development with a focus on children and families, school food and food and nutrition in early years. Since leaving the Department of Health Sylvia has worked as an independent consultant. She is a member of the Governing Body of Wirral NHS Clinical Commissioning Group and was a trustee of HENRY 'better start brighter future' from 2010 until October 2019. She was awarded an MBE in 2016 for her voluntary work with women and communities in Cheshire.

Angela Towers - Honorary Secretary

BSc (Hons) MA, MIHPE

Angela has enjoyed a varied career focussing on healthier, sustainable, and accessible food systems, from policy development, operational delivery, and academic perspectives in both the public and private sector.

She worked for the Department of Health and the Food Standards Agency contributing to the development and delivery of a number of healthier eating, nutrition and food safety policies and campaigns, most recently heading up the national Food Hygiene Rating Scheme. Stakeholder engagement and cross sector collaboration are central to Angela's approach. She has held lecturing roles at Liverpool John Moores University, in their department of Public Health, and at the University of Central Lancashire.

Susan Thompson

RGN, MPH, PGCHE, FHEA, MIHPE

Sue has worked in the field of health promotion and public health for 30 years, within nursing, health promotion and academia. In her role as Assistant Professor at the University of Nottingham she is currently developing a new BSc (Hons) in Health Promotion.

She is the author of 'The Essential Guide to Public Health and Health Promotion' and has published a range of articles, delivered international conference papers and workshops. She is a fellow of the Higher Education Academy and has acted as an advisor on a range of

Masters Public Health programmes. She is a recipient of the Lord Dearing Award for excellence in teaching and learning.

Anne Coufopoulos
PhD, BA (Hons), RD, MIHPE

Anne is currently Executive Dean at University College Birmingham, leading the School of Health, Sport, and Food. Anne is also a Registered Dietitian.

Previously Anne was Associate Dean (Enterprise & Innovation) in the Faculty of Health and Life Sciences at Coventry University. Externally Anne is also Trustee of the charity HENRY which supports the whole family to make positive lifestyle changes to ensure babies and young children get the best start in life; She has worked extensively with vulnerable and hard to reach groups of society during her 20-year career as an academic and health professional.

Anne Whitcombe
MSc, MIHPE, FRSPH, MCLIP, AHEA

Anne has worked in health promotion for over 25 years. As an information scientist, Anne managed health information services for both professionals and the public. She supported health promotion activities with evidence, evaluation and managed strategies for public health learning and development.

Strongly interested in the ways that learning and networking together build collaboration and good practice, Anne has coordinated training and facilitated professional network groups. She teaches and facilitates postgraduate modules in public health and health promotion with Robert Gordon University in Aberdeen and has a continuing interest in multidisciplinary learning, increasing common understanding and integrated working for promoting health.

Robin Lansman
D.O. BSO London 1988 AHP

Robin is Principal and Clinical Director of his community BodyBack-Up healthcare osteopathy practices. He is passionate about interprofessional collaboration and is founder of COGUK. His teaching at undergraduate and post graduate level ranges from clinical to health leadership skills.

He coaches student HCPs for the Council of Deans of Health 150 leader's inter-professional programme. Robin writes regularly for the national and medical press and has spoken on BBC radio and television. He is a Past President and Press and media spokesperson for his professional association and now an expert AHP advisor to Public Health England on MSK.

Karen Neil
BPharm, PhD, MRPharmS, MIHPE

Karen has been a pharmacist for 27 years, working across disciplines of research, practice, and undergraduate education. She is co-author of the textbook Disease Management and recently received the GHP Health & Pharmaceutical award Most Innovative Health & Wellbeing Education Specialist 2020 (Midlands,) having specialised in health promotion and education.

She is a UK-registered mindfulness teacher and has been working in professional development at the University of Nottingham since 2012, offering mindfulness courses and wellbeing workshops to staff. This work was co-presented in a chapter for Mindfulness in the Workplace: An evidence-based approach to improving wellbeing and maximizing performance. Ed. Margaret Chapman-Clarke.

Stephen Palmer
PhD FIHPE (Hon)

Stephen is Professor of Practice at the Wales Academy for Professional Practice and Applied Research, UWTSU, and Adjunct Professor at Aalborg University, Denmark. He is Founder Director of the Centre for Stress Management.

Stephen is a former President of the Institute for Health Promotion and Education (IHPE) and currently an Honorary Vice President. In 2001 he was awarded Fellowship of the IHPE for his 'Outstanding contribution to the theory and practice of health promotion and education.' Stephen has been Editor and now Consulting Editor of the International Journal of Health Promotion and Education.

Tim Theaker
Dip H E, MIHPE

Tim began his career in health education and health promotion in Environmental Health, he has subsequently worked at a local, countywide, and regional level, managing teams of staff and is responsible for implementing and evaluating public health programmes, addressing inequalities and the broader determinants of health. Commissioning and performance managing public health and health improvement programmes and monitoring and evaluating their outcomes. He has managed a range of public health provider services including sexual health services & primary care services for the homeless. Particular interests include the prevention of coronary heart disease & the Settings Approach to Health Promotion.

Michael Craig Watson - Honorary Communications Officer
BSc (Hons), PGCE, MA(Ed), MPH, PhD, MIHPE

Michael is an independent public health consultant. In the NHS he worked mainly as a Director of Health Promotion for different health authorities. Director posts involved: managing a department, initiating, and leading multi-agency groups, and initiating and advising on research and evaluation.

At the University of Nottingham, he was involved in injury research for 19 years. He was a temporary adviser for the WHO and has also provided advice at national and local levels. He has been involved in research in different countries including England; Iran; Malawi; Palestine; and Uganda. He is a regular contributor to debates in the BMJ.

Michelle Baybutt - Editor, IJHPE
PrD, MA, BA, MIHPE

Michelle is Professor of Health and Justice, Prisons Programme Lead in, and Director of, the Healthy and Sustainable Settings Unit at the University of Central Lancashire in North West England. Michelle has an extensive health promotion background working with people in prison and disadvantaged vulnerable groups in the wider community. She has qualitative expertise in carrying out methodologically complex and innovative research and consultancy in settings-based health promotion; has a specific interest in the connections between

nature, health and wellbeing; and is module leader for Healthy and Sustainable Settings: Theory, Policy and Practice.

Ally Phillips

Ally is a marketing and project management professional, experienced in providing a wide range of business solutions. She has been running her own business for the past four years and has worked with IHPE since 2017. Prior to this, she worked within the financial services sector for over 12 years where she was a Vice President.

Ally has a proven track record of delivering results in a dynamic, motivating way with personality and integrity. She is highly organised, efficient, and honest, and has a strong desire to offer her clients excellent customer service.

Ally can be contacted via email at: admin@ihpe.org.uk.

PUBLICATIONS AND NOTABLE IHPE ACHIEVEMENTS 2022

Position Statements - <https://ihpe.org.uk/resources/position-papers/>

- IHPE Position Statement: Ethics and Health Promotion (November 2022)
- IHPE Position Statement: Safe Use of Medicines (November 2022)

Presidents' Letters: International Journal of Health Promotion and Education - <https://www.tandfonline.com/toc/rhpe20/60/1?nav=tocList>

1. People of 'like purpose'- join us in celebrating 60 years of work in health promotion and education (Patricia Owen)
2. What are we going to do about obesity? (Patricia Owen)
3. "No tobacco" – still work to do (Patricia Owen)
4. How do we talk about health? Communicating health and creating supportive environments (Patricia Owen)
5. The imperative of investing in early years (Patricia Owen)
6. Energy and health (Patricia Owen)

Publications

1. Neil K E, Watson M C and Opare-Anoff A. Pharmacy has an important part to play in health promotion. The Pharmaceutical Journal, PJ, May 2022, Vol 308, No 7961;308(7961)::DOI:10.1211/PJ.2022.1.144079
2. Watson M C and Neil K E. Pharmacy teams: opportunities for promoting health. The Pharmaceutical Journal, PJ, November 2022, Vol 309, No 7967;309(7967)::DOI:10.1211/PJ.2022.1.166105

Responses to Local, National and International Consultations (examples) - <https://ihpe.org.uk/resources/consultations-and-ihpe-responses/>

- Reconnection: Meeting the Climate Crisis Inside Out – IHPE response to the consultation document (15/03/2022)
- Mental Health and Wellbeing Plan – IHPE response to the discussion paper (23/06/2022)
- SEND and AP: green paper – IHPE response to the discussion paper (18/07/2022)
- Birmingham Food Strategy consultation – Responded – (08/2022)

British Medical Journal Rapid Response - <https://ihpe.org.uk/bmj-rapid-responses/>

In 2022 we submitted 16 (12 rapid responses and 4 letters) to the BMJ on a variety of important topics. This brings the grand total over the years to 133 and together they provide a valuable resource for public health practitioners.

1. Watson M C and Tilford S. (2022) Maintaining and promoting health in care homes. British Medical Journal Rapid Response 6th January 2022. <https://www.bmj.com/content/375/bmj-2021-066991/rr-1>
2. Watson M C, Towers A and Owen P. (2022) A prescription for the future of nursing: promoting the health and well-being of nurses should be a high priority. British Medical Journal Rapid Response 22nd February 2022. <https://www.bmj.com/content/376/bmj.o357/rr-1>

3. Watson M C and Lloyd J. (2022) Physical Activity: manifold benefits for health and well-being. British Medical Journal Rapid Response 2nd March 2022.
<https://www.bmj.com/content/376/bmj-2021-068465/rr>
4. Watson M C and Lloyd J. (2022) Exercise the miracle cure, but government must step up the action. British Medical Journal Rapid Response 14th April 2022.
<https://www.bmj.com/content/376/bmj.o815/rr-0>
5. Watson M C and Lloyd J. (2022) New food strategy: local directors of public health need to be given the power and resources. British Medical Journal Rapid Response 17th June 2022.
<https://www.bmj.com/content/377/bmj.o1460/rr>
6. Watson M C and Tilford S. (2022) Adequately funded public health must be at the centre of modern healthcare. British Medical Journal Rapid Response 2nd September 2022.
<https://www.bmj.com/content/378/bmj.o2119/rr-0>
7. Watson M C and Tilford S. (2022) A Declaration for National Wellbeing. British Medical Journal Rapid Response 14th October 2022.
<https://www.bmj.com/content/379/bmj.o2466/rr>
8. Watson M C and Lloyd J. (2022) Physical activity can do wonders for the nation's health. British Medical Journal Rapid Response 3rd November 2022.
<https://www.bmj.com/content/379/bmj.o2538/rr-2>
9. Watson M C and Whitcombe A. (2022) Public health grant: greater investment is needed. British Medical Journal Rapid Response 16th November 2022.
<https://www.bmj.com/content/379/bmj.o2706/rr>
10. Watson M C and Neil K E. (2022) Prioritising the health of our children and young people by promoting both safe and active travel. British Medical Journal Rapid Response 5th December 2022.
<https://www.bmj.com/content/379/bmj.o2862/rr>
11. Watson M C and Lloyd J. (2022) Food banks should be phased out: fiscal measures are needed. British Medical Journal Rapid Response 11th December 2022.
<https://www.bmj.com/content/379/bmj.o2919/rr>
12. Watson M C and Lloyd J. (2022) Vaping and protecting children: time for a rethink. British Medical Journal Rapid Response 22nd December 2022.
<https://www.bmj.com/content/379/bmj-2022-073824/rr-0>

British Medical Journal Letters

- Watson M C and Tilford S. (2022) Maintaining and promoting health in care homes. BMJ 2022; 376:o183 doi:10.1136/bmj.o183
<https://www.bmj.com/content/376/bmj.o183>
- Watson M C and Lloyd J. (2022) Physical activity: manifold benefits for health and wellbeing BMJ 2022; 376 :o815 doi:10.1136/bmj.o815
<https://www.bmj.com/content/376/bmj.o815>
- Watson M C and Lloyd J. (2022) New food strategy: local directors of public health need to be given the power and resources. BMJ 2022; 378 :o1837 doi:10.1136/bmj.o1837
<https://www.bmj.com/content/378/bmj.o1837>
- Watson M C and Lloyd J. (2022) Physical activity can do wonders for the nation's health. BMJ 2022; 379 :o2780 doi:10.1136/bmj.o2780
<https://www.bmj.com/content/379/bmj.o2780>

It is of note that on the 23rd March the British Medical Journal item on physical activity (Watson and Lloyd) was discussed in a House of Commons debate on PE. (Recorded in

Hansard Volume 711) - <https://hansard.parliament.uk/Commons/2022-03-23/debates/BF1E4EE8-B3BE-4B23-B946-0B135BCCEB9A/PhysicalEducation>

IHPE 60th Anniversary Activities (examples)

- Webinar – How do we talk about health? March 29th
The event was chaired by Robin Lansman.
- IJHPE - Special Collection of articles.
Compilation, from the 6 most read articles online and 6 most cited articles of all time to reflect the diversity of topics published in the journal.
- IJHPE – Comparison of issues project.
First year edition 1963 (issue 1) and 2022 (issue 1) made open access so that individuals could compare.
- Diamond Fellow Awards – announced.
Designed to recognise members who have contributed to the field of health promotion and to the successful development of the Institute, over a long period.